





# July

## Canada's 150<sup>th</sup> Birthday Celebration!

## 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>Happy Canada Day!</b>
2	3	4	5	6	7	8
9	10	11	<b>First Day of Skating</b> Balance & Control	13	14	15
16	Control & Agility	18	19	20	21	22
23	Balance & Control	25	26	27	28	29
	<b>Red &amp; White Day</b> Agility & Balance	31				

For each skating session, there are 3 circuits that the skaters will go through. The first two will focus on the fundamentals listed above and the third station will be a fun zone based on the monthly theme. This month will be Canada's 150<sup>th</sup> Birthday! On July 31<sup>st</sup> it will be RED and WHITE DAY!